

**The 4th Annual Premier  
Sport Poomsae Event in the USA !!**

# **THE NORTHEAST TECHNICAL CHAMPIONSHIPS**

**WTF WORLD POOMSAE  
CHAMPIONSHIPS FORMAT**

**POOMSAE COMPETITION FOR ALL RANKS**

**MODIFIED CUT OFF SYSTEM  
DOUBLE ELIMINATION  
BEFORE FINALS**

**Info & Registration  
ONLINE at  
[www.ctcdk.com](http://www.ctcdk.com)**

**SPECIAL DIVISIONS FOR COLOR BELTS**

**SPECIAL BLACK BELT  
10 YRS AND UNDER  
AND 11 - 13 YR DIVISIONS**

**NOVEMBER 19, 2011**

**GH ROBERTSON SCHOOL  
COVENTRY, CT**

For more information please contact:  
Connecticut Chung Do Kwan Academy



Tournament Director:  
Grand Master David J. Turgeon

392 South Main St  
Colchester, CT 06415

**(860) 537-6333** e-mail [ctcdk@comcast.net](mailto:ctcdk@comcast.net)

# NORTHEAST TECHNICAL CHAMPIONSHIP



392 South Main St. Colchester, CT 06415 \* (860) 537-6333  
Fax (860) 228-2067 \* [ctcdk@comcast.net](mailto:ctcdk@comcast.net) \* [www.ctcdk.com](http://www.ctcdk.com)

September 15, 2011

Dear Grand Masters, Masters, Instructors and Taekwondo Students,

I would like to invite you and your students to participate in the 4<sup>th</sup> Northeast Technical Championship. This tournament will be held on Saturday, November 19 at the GH Robertson School in Coventry, CT.

I am very excited to offer you and your students the opportunity to participate in the 4<sup>th</sup> Northeast Technical Championships. Competitions such as this help to educate and draw competitors to the ring for poomsae. The Northeast Technical Championship is run to encourage all levels of Taekwondo practitioners to strive toward the goal of bringing poomsae competition to the forefront of our sport. There will be divisions for both black belt and color belt and for all ages during the tournament. A modified version of the WTF cut off system will be used to ensure all competitors have the opportunity to perform and be scored on at least two different poomsae. Color belt divisions will begin with their rank form and be able to choose for themselves what additional form they wish to compete with. For Novice Color Belts (10<sup>th</sup> geup - 7<sup>th</sup> geup) repeating the same form through various rounds will be allowed. The Intermediate (6<sup>th</sup> geup - 3<sup>rd</sup> geup) and Advanced (2<sup>nd</sup> & 1<sup>st</sup> geup) Color Belt Divisions may choose any Taegeuk form to perform but will not be allowed to repeat the same form they have already done in a previous round. There will also be an open pair/team division for any age and rank groups that wish to perform together. Our goal is to give all competitors valuable ring time and important feedback of their performances.

Black belt competition will be done as it is in World Poomsae competition with the forms for each round chosen for the competitors at random from the designated set of compulsory forms for their respective divisions. Enclosed are the division breakdown and required forms for each age group. I have added divisions for under 10 and 11-13 year olds so that they will also have the opportunity to compete and learn the new format. **Please remember that in World Poomsae Format it is age, not rank, that designates what poomsae are required for the division. (i.e. 1st degree black belts in the 41-50 division must know up to Chonkwon, 51 and up division must know Hansu, etc.)**


I do believe that this format is the best way to promote poomsae competition and include many more students in the thrill and excitement of competing in our sport. I extend a special invitation to all current and past US Poomsae Team members to compete at this tournament and hope to display their many talents to all present. Together we can improve the level of competition of our US Poomsae Team and give the United States a competitive edge at the world level.

To avoid any unnecessary confusion or delays the morning of the competition, there will be **ABSOLUTELY NO DOOR REGISTRATION**. *All registrations must be postmarked no later than November 12<sup>th</sup>. If you wish to pay by Visa or Mastercard, you may register online or fax your registration by November 17<sup>th</sup>.* Enclosed you will find information for the tournament including registration forms, tournament poster, directions and hotel information. All competitors must be checked in by 9:30am. **Opening ceremonies will begin at 10:00am sharp!**

I look forward to making the Northeast Technical Championship a unique and rewarding experience for this tournament season. Your support and participation is greatly appreciated.

See you on November 19!

Sincerely,

  
David J. Turgeon, Tournament Director  
Northeast Technical Championship

# NORTHEAST TECHNICAL CHAMPIONSHIP



## GENERAL INFORMATION

**Hosted by:** CT Chung Do Kwan Academy  
**Director:** Grand Master David J. Turgeon  
**Date:** Saturday- November 19, 2011  
**Place:** GH Robertson School - Coventry, CT

## SCHEDULE of EVENTS:

9:00 A.M.- Check In (All Black Belt Competitors, All Pairs & Teams)  
9:30 A.M. - Official's Meeting  
10:00 A.M. - Opening Ceremonies and Start all black belt divisions  
(Pairs and Team Divisions Followed by Black Belt Adult 41- 50 and 51 & up divisions will go first)  
12:00 P.M.- Check In (All Color Belt Competitors)  
1:00 P.M. - Start all color belt divisions

**ENTRY FEE:** Pre-registration only - \$45 one event / \$10 each additional event (for pairs or team)

***NO DOOR REGISTRATION - YOU MUST PRE-REGISTER***

**MAIL:** Credit card or certified check or money order payable to - US Taekwondo Classic

**Registrations must be postmarked by November 12, 2011**

**ONLINE [www.ctcdk.com](http://www.ctcdk.com) or FAX:** Credit card payments only - VISA or MASTERCARD (860)228-2067

**Online Registration or faxed by November 17, 2011**

**GENERAL ADMISSION:** \$5 (Children 5 and under FREE)

***NO FOOD OR DRINKS ALLOWED IN GYM -***

***COMPETITORS MAY USE PLASTIC, CAPPED SPORTS BOTTLES ONLY***

## RULES:

**Poomsae** - This is a WTF Poomsae only competition. A modified cut-off system will be used to ensure all competitors will be scored on a minimum of two forms. Color belts will be required to know their rank form and any other Taegeuk forms. Black belts will be required to know all forms for their age category regardless of their rank. (See the attached sheet for the appropriate division requirements). WTF World Championship rules will be applied and all Poomsae standards are based on the WTF and Kukkiwon documented standards. See <http://www.wtf.org/site/rules/poomsae.htm> for complete set of rules.

**EQUIPMENT:** WTF recognized white V-neck uniform and black trim for black belts only is mandatory.

**AWARDS:** Awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in each division.

**FOR FURTHER INFORMATION CALL GRAND MASTER TURGEON AT (860) 537-6333**

## Cut-off System

# of competitors starting the division	Preliminary Round	Semi- Finals	Finals
1-8	Not Applicable	Not Applicable	BB - 1 form from each Compulsory Set
	Not Applicable	Not Applicable	Color - Rank form & any other form
9-20	Not Applicable	BB - 1 form from each Compulsory Set - Top 8 advance to finals	BB - 1 form from each Compulsory Set
	Not Applicable	Color - Rank form & any other form - Top 8 advance to finals	Color - 2 forms they have not performed previously
over 20	BB - 1 form from each Compulsory Set - top 50% advance to semi-finals	BB - 1 form from each Compulsory Set - Top 8 advance to finals	BB - 1 form from each Compulsory Set
	Color - Rank form & any other form - Top 50% advance to semi-finals	Color - 2 forms they have not performed previously	Color - 2 forms they have not performed previously

\*\*\* Color belt Novice (10th geup - 7th geup) Divisions may repeat a form as many times as necessary (I.e. Taegeuk Il Jang done three times.)

\*\*\* Color Belt Intermediate (6th geup - 3rd geup) & Advanced (2nd & 1st geup) Divisions may not repeat the same form during the competition.

\*\*\* Black Belt Divisions - Forms will be randomly selected by the tournament committee and posted prior to the start of the division

## Required Forms

Division Breakdown	Age Group (Male & Female Separate)	Black Belt 1st Compulsory	Black Belt 2nd Compulsory	Color Belt Novice (10th Geup - 7th Geup) Repeats Allowed	Color Belt Intermediate (6th Geup - 3rd Geup) No Repeat Forms	Color Belt Advanced (2nd Geup - 1st Geup) No Repeat Forms
	Up to 10	Taegeuk 2(Yi), 3(Som), 4(Sa), 5(Oh) Jang	Taegeuk 6(Yuk), 7(Chil), 8(Pal) Jang, Koryo	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	11 - 13	Taegeuk 3(Som), 4(Sa), 5(Oh), 6(Yuk) Jang	Taegeuk 7(Chil), 8(Pal), Koryo, Keumgang	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	14 - 18	Taegeuk 4(Sa), 5(Oh), 6(Yuk), 7(Chil) Jang	Taegeuk 8(Pal), Koryo, Keumgang, Taeback	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	19 - 30	Taegeuk 6(Yuk), 7(Chil), 8(Pal), Koryo	Keumgang, Taeback, Pyongwon, Shipjin	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	31 - 40	Taegeuk 6(Yuk), 7(Chil), 8(Pal), Koryo	Keumgang, Taeback, Pyongwon, Shipjin	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	41 - 50	Taegeuk 8(Pal), Koryo, Keumgang, Taeback	Pyongwon, Shipjin, Jitae, Chonkwon	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	51 - 60	Koryo, Keumgang, Taeback, Pyongwon	Shipjin, Jitae, Chonkwon, Hansu	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	61 & over	Koryo, Keumgang, Taeback, Pyongwon	Shipjin, Jitae, Chonkwon, Hansu	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing	Rank Form & Any other Form of Their Choosing
	Open Pairs Any Age or Rank (M or F)	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing
Team of 3 members Any Age or Rank (M or F)	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	
Open 2 - 5 members Any Age or Rank (M or F)	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	Any Two Forms of Their Choosing	

**Color Belt Rank Forms: 10th - 8th geup =Taegeuk 1, 7th geup =Taegeuk 2, 6th geup =Taegeuk 3, 5th geup =Taegeuk 4, 4th geup =Taegeuk 5, 3rd geup =Taegeuk 6, 2nd geup =Taegeuk 7, 1st geup =Taegeuk 8.**

# NORTHEAST TECHNICAL CHAMPIONSHIP



SATURDAY - NOVEMBER 19, 2011  
GH ROBERTSON SCHOOL - COVENTRY, CT

## COMPETITOR ENTRY FORM

Competitor's Name \_\_\_\_\_ Hm Phone (\_\_\_\_) \_\_\_\_\_

First Last

Address \_\_\_\_\_

Street City State Zip

( ) M ( ) F Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Dan/Geup Rank \_\_\_\_\_ Belt Color \_\_\_\_\_

Taekwondo School Name \_\_\_\_\_

Address \_\_\_\_\_

Street City State Zip

Instructor's Name \_\_\_\_\_ School Phone (\_\_\_\_) \_\_\_\_\_

### EVENTS ENTERED

Individual \_\_\_\_\_ Pairs \_\_\_\_\_ ( \_\_\_\_\_ ) Team \_\_\_\_\_ ( \_\_\_\_\_ / \_\_\_\_\_ )  
Partner Teammate1 Teammate 2

ENTRY FEE: Registration - \$45 one event / \$10 each additional event (for pairs or team)

**NO DOOR REGISTRATION - YOU MUST PRE-REGISTER**

### METHOD OF PAYMENT:

Certified Check or Money Order

VISA

Mastercard

Card Number \_\_\_\_\_

Card Holders Name \_\_\_\_\_

Billing Address \_\_\_\_\_

Expiration Date \_\_\_\_ / \_\_\_\_ Three digit Code on back of Card (\_\_\_\_)

Phone # (\_\_\_\_) \_\_\_\_\_

Signature \_\_\_\_\_

TOTAL AMOUNT TO BE CHARGED - \$ \_\_\_\_\_

**ONLINE REGISTRATION AT**  
[www.ctcdk.com](http://www.ctcdk.com)

### BY MAIL:

Postmarked no later than November 12, 2011

Certified check, money order or charge to:

**US Taekwondo Classic**  
392 South Main St.  
Colchester, CT 06415

### BY FAX or Online:

No later than November 17, 2011

**VISA/MASTERCARD PAYMENTS ONLY**

Fax # (860) 228-2067

[www.ctcdk.com](http://www.ctcdk.com)

\*\*\*All entry fees are non-refundable - We reserve the right to reject any entry\*\*\*

### LIABILITY WAIVER

In consideration of your acceptance of my entry, I do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against Connecticut Chung Do Kwan Academy, Town of Coventry and all members of the tournament or their respective officers, agents, representatives, successors, and/or assigns and against any competitor for any and all damages which may be sustained by me in connection with my association with, or entry, in the above athletic meet, or which may arise out of traveling to, participating in, and returning from such athletic meet. I understand that Taekwondo is a body contact sport, and I further understand all the contents, rules and general information by which the tournament operates.

ATHLETE'S OR LEGAL GUARDIAN'S (if under 18 years old) SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

# NORTHEAST TECHNICAL CHAMPIONSHIP



**SATURDAY - NOVEMBER 19, 2011  
GH ROBERTSON SCHOOL - COVENTRY, CT  
REFEREE/COACH REGISTRATION FORM**

Name \_\_\_\_\_ Hm Phone (\_\_\_\_) \_\_\_\_\_  
First Last

Address \_\_\_\_\_  
Street City State Zip  
 ( )M ( )F Dan Rank \_\_\_\_\_ Kukkiwon # \_\_\_\_\_

E-mail \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Taekwondo School Name \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Instructor's Name \_\_\_\_\_ School Phone (\_\_\_\_) \_\_\_\_\_

*Please check one*



\_\_\_\_\_ I will be attending as a coach/Instructor. (Limit one coach per school/club per 6 competitors)  
*(Additional coaches passes will be \$15 for admittance to ring side)*

\_\_\_\_\_ I will be attending as an official. (Please fill in following information)

Referee classification \_\_\_\_\_ Certificate # \_\_\_\_\_

Knowledge of WTF Standards for Poomsae is needed to officiate.

Please list the highest Poomsae you are most comfortable judging: \_\_\_\_\_

*Please check here if you have assisted us with officiating  
 at any Northeast Technical Championship or US Taekwondo Classic \_\_\_\_\_*

**\*\*\*Any referee committing to the entire day of competition will receive food and hotel accommodations. (Two officials per room for Fri and/or Sat night) Transportation to and from airport is also available. Please contact Grand Master Turgeon by November 5, 2011 to reserve your room.**

\_\_\_\_\_ Unfortunately, I will not be able to attend this years competition. Please keep me on the mailing list for future area tournaments.

*Fax to (860) 228-2067 or mail to 392 South Main St. Colchester, CT 06415*

**FOR FURTHER INFORMATION CALL GRAND MASTER TURGEON AT (860) 537-6333**



# NORTHEAST TECHNICAL CHAMPIONSHIP



## DIRECTIONS

**GH ROBERTSON SCHOOL**

**227 CROSS ST. - COVENTRY CT 06238**

### FROM MASS and POINTS NORTH

Interstate 91 South to exit 35A (Interstate 291) - Interstate 291 stay to the right following signs for Interstate 384 - Stay in the same lane, which now is the left hand lane under the overpass staying left following signs for Rt 384. Follow Rt 384 for about 7.5 miles, where the road splits stay to the left following RT 44 Bolton/Coventry/Mansfield. Follow RT 44 for 4 miles and turn right onto RT 31 (Main Street). Follow on Main Street for 4 miles and turn right onto Lake St (across from the junction of Rt 275). Lake St turns into Cross St . School will be on your left.

### FROM MASS PIKE/BOSTON

Interstate 90 (Mass Pike) to Interstate 84 West - Take exit 70 (RT 32 - toward Willington/Willimantic) - Follow for 7.5 miles then slight right onto Rt 44 (Boston Turnpike). Follow for almost 1 mile and turn left onto Lewis Hill Road, follow for almost 1 mile and turn right onto Ripley Hill Road go to the end of Ripley Hill Rd.. Turn Left onto Main St. Follow on Main Street for 1 mile and turn right onto Lake St (across from the junction of Rt 275). Lake St turns into Cross St . School will be on your left.

### FROM NEW YORK and POINTS WEST

From Interstate 84 East - Take exit 27(RT 691) - Follow for 8 miles to exit 11 RT 91 North **or (From NY City or Interstate 95 North to 91 North)** Follow RT 91 North for 17 miles to Exit 29. Bear right up exit 29, merge left onto 84 East. Follow 84 East for 3 miles and merge right to exit 59 (RT 384 East). Stay on 384 East for 8.5 miles. Road changes to RT 44 stay to the left RT 44 East for 4 miles and turn right onto RT 31 (Main Street). Follow on Main Street for 4 miles and turn right onto Lake St (across from the junction of Rt 275). Lake St turns into Cross St . School will be on your left.

### FROM COLCHESTER CDK ACADEMY

Take RT 85 North to RT 207 in Hebron - Turn right onto RT 207 then first left onto Millstream Rd. - At the third stop sign bear right onto RT 66. Take RT66E to the JCT of RT6 - At the light at the JCT of RT6 go straight onto RT6 East - Take the first exit onto RT32 North - Turn left off exit - Follow RT32 until it meets RT31. Turn left onto RT31 and follow for 3 miles. Turn left onto Lake St (across from the junction of Rt 275). Lake St turns into Cross St . School will be on your left.

### FROM TOLLAND CDK ACADEMY

Exit parking lot turning left onto Route 195 (Morrow Road) - Continue on Morrow Road and turn right onto RT 32. Follow RT 32 for 2 miles and take a slight right onto RT 44 (Boston Turnpike). Follow for almost 1 mile and turn left onto Lewis Hill Road, follow for almost 1 mile and turn right onto Ripley Hill Road go to the end of Ripley Hill Rd.. Turn Left onto Main St. Follow on Main Street for 1 mile and turn right onto Lake St (across from the junction of Rt 275). Lake St turns into Cross St . School will be on your left.

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## HOTEL INFORMATION

**Recommended Hotel - Check online rates through AAA and other discounts**

**Fairfield Inn - 121 Pavilions Drive - Manchester, CT 06040 - 860-643-1864**

This hotel offers rooms with 2 Queen size beds. Indoor pool, free wireless internet & complimentary breakfast

**Current AAA rate: \$90.00 per night plus taxes**

### DIRECTIONS TO HOTEL

**FROM INTERSTATE 84 EAST OR 91 NORTH TO 84 EAST** From I-84E (Hartford) Exit 62 -take a left off exit - under the bridge take a right onto Pavilions Dr. (Pier 1 Imports is at the bottom of the hill). At the stop sign take a left we are on the left.

**FROM INTERSTATE 84 WEST** From I-84W (Boston) exit 62 take a right at the light, at the next light go straight up the hill, you will see Lowes and Home Depot, at your second light take a right into Buckland Hills, turn right at stop sign, we are on the right.

**FROM INTERSTATE 91** Take 91 South to 291 East. Follow 291 East to Exit 5 (Tolland Turnpike). Turn left off the exit. At the 4th traffic light, turn left onto Buckland Street. Go under highway overpass and turn right at the traffic light onto Pavilions Drive. Turn left at the stop sign, and left into our parking lot.

### DIRECTIONS TO TOURNAMENT FROM HOTEL

Turn right out of the hotel. At the stop sign turn right go to traffic light and turn right. Go to traffic light and turn left onto Pleasant Valley Rd. Turn left onto Interstate 384 East. Follow Interstate 384 East to the end and it turns into Boston Turnpike-Rt-44. Follow for 4 miles and Turn Right onto Main St/CT-31 follow for about 4 miles and turn right onto Lake St (across from the junction of Rt 275). Lake St turns into Cross St . School will be on your left.

**FOR FURTHER INFORMATION CALL GRAND MASTER TURGEON AT ( 860 ) 537-6333**